| SUN  | MON  | TUE   | WED   | THUR  | FRI  | SAT  |
|--|--|---|---|---|--|--|
|  |  |   |   |   | 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)  | 9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Howard Barnett (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Beyond the Blackboard (AR)                    |
| 9:30 Culpeper Presbyterian Church<br>Service (Ch 970)<br>9:45 Sunday School (C)<br>10:30 Live Service with Culpeper<br>Baptist Church (C)<br>11:00 Culpeper Baptist Church Service (Ch 970)<br>2:00 Culpeper United Methodist Church<br>Service (Ch 970)<br>6:00 Mitchell's Presbyterian Church Service<br>(Ch 970)  | 9:00 Exercise with Katie (AR) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)  | 3:15 Canasta (GR)<br>5:00 Trivia Night (AR)   | 9:15 Light Lift Exercise (AR) 10:00 Town Hall (AR) 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 2:00 Bible Study with Hans (ACT) 2:00 Kevin Sings the Classics (TA) 2:00 Town Hall (AR) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970) | 9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 2:00 Close Knits Sit & Knit (ACT) 3:15 Rummy (GR)                               | 9:00 Trip to American Celebration on Parade Museum (LL) 10:00 Mahjong (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970) | 9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Laura (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Hairspray (AR)   |
| 9:30 Culpeper Presbyterian Church<br>Service (Ch 970)<br>9:45 Sunday School (C)<br>10:30 Live Service with Culpeper<br>Baptist Church (C)<br>11:00 Culpeper Baptist Church Service (Ch 970)<br>2:00 Culpeper United Methodist Church Service<br>(Ch 970)<br>4:00 Livestream Concert with Daniel Grotz (C)<br>6:00 Mitchell's Presbyterian Church Service (Ch<br>970) | 9:00 Exercise with Katie<br>(AR)<br>10:00 TLC Ladies' Group<br>(ACT)<br>10:30 Ping Pong (AR-A)<br>10:30 Room Exercise (Ch 970)<br>2:00 Bible Study with Hans (C)<br>2:00 Walmart (LL)<br>3:30 Room Exercise (Ch 970) | 10:30 Chillie Chor (AC1) 10:30 History Presentation with Rick Britton (AR) 10:30 Room Exercise (Ch 970)   | 9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (PDR) 10:30 Room Exercise (Ch 970) 12:45 Men's Luncheon (PDR) 2:00 Bible Study with Hans (AR-A) 2:45 Trip to Play Pickleball (LL) 3:30 Room Exercise (Ch 970)  | 9:00 Exercise with Katie (AR) 9:30 Trip to Culpeper Senior Center (LL) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 2:00 Drum Circle (ACT) 3:15 Rummy (GR) | 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Live Smart Learning Lecture (AR) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)                 | 9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Adam Melia performing Nashville Standard (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Hidden Figures (AR) |
| 9:30 Culpeper Presbyterian Church<br>Service (Ch 970)<br>9:45 Sunday School (C)<br>10:30 Live Service with Culpeper<br>Baptist Church (C)<br>11:00 Culpeper Baptist Church Service (Ch 970)<br>2:00 Culpeper United Methodist Church<br>Service (Ch 970)<br>6:00 Mitchell's Presbyterian Church Service<br>(Ch 970)  | 9:00 Exercise with Katie (AR) 10:30 Flower Arranging (ACT) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (C) 2:00 Walmart (LL) 3:30 Room Exercise (Ch 970)   | 2:00 Bingo (MDR)<br>3:15 Canasta (GR)   | 9:15 Light Lift Exercise (AR) 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Room Exercise (Ch 970) 11:00 Therapy Dog Visits (Lib) 11:15 Therapy Dog Visits (GR) 12:00 In-house Picnic (Terrace Pavilion) 2:00 Bible Study with Hans (AR-A) 2:45 Trip to Play Pickleball (LL) 3:00 Free-Lance Canvas Painting (ACT) 3:30 Room Exercise (Ch 970) | 9:00 Exercise with Katie (AR) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 12:45 Birthday Luncheon (PDR) 3:15 Rummy (GR) 3:30 Baking with Bernie (ACT)     | 10:30 Room Exercise (Ch<br>970)<br>10:00 Lunch Trip to Glory Days<br>(LL)<br>1:30 Bridge (GR)<br>2:00 Sewing Group (Lobby)<br>3:30 Room Exercise (Ch 970)  | 9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 10:45 Music with Billy Brockman (TA) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: His Girl Friday (AR)                          |
| 9:30 Culpeper Presbyterian Church<br>Service (Ch 970)<br>9:45 Sunday School (C)<br>10:30 Live Service with Culpeper<br>Baptist Church (C)<br>11:00 Culpeper Baptist Church Service (Ch<br>970)<br>2:00 Culpeper United Methodist Church<br>Service (Ch 970)<br>6:00 Mitchell's Presbyterian Church Service<br>(Ch 970)   | 9:00 Exercise with Katie<br>(AR)<br>10:00 TLC Ladies' Group<br>(ACT)<br>10:30 Ping Pong (AR-A)<br>10:30 Room Exercise (Ch 970)<br>2:00 Bible Study with Hans (C)<br>2:00 Walmart (LL)<br>3:30 Room Exercise (Ch 970) | 10:00 Chime Choir (ACT) 10:30 Room Exercise (Ch 970) 11:00 Yoga with Barbie (AR) 2:00 Bingo (MDR) 3:15 Pinochle (GR) 4:00 Dinner with Robby (ACT) | 9:15 Light Lift Exercise (AR) 10:30 Po-Ke-No (PDR) 10:30 Room Exercise (Ch 970) 2:00 Bible Study with Hans (AR-A) 3:30 Room Exercise (Ch 970)   | 9:00 Exercise with Katie (AR) 10:00 Cottage Brunch Party (Overlook) 10:30 Errands Around Town (LL) 10:30 Room Exercise (Ch 970) 3:15 Rummy (GR)                           | 10:00 Art Class with Jewel Tone Music (ACT) 10:00 Scrabble (GR) 10:30 Book Club (Lib) 10:30 Room Exercise (Ch 970) 1:30 Bridge (GR) 2:00 Sewing Group (Lobby) 3:30 Room Exercise (Ch 970)            | 9:15 Light Lift Exercise (AR) 10:30 Bingo (ACT) 10:30 Room Exercise (Ch 970) 3:00 Saturday Feature Game (GR) 6:00 Saturday Night Movie: Daddy's Home (AR)  |
| 9:30 Culpeper Presbyterian Church<br>Service (Ch 970)<br>9:45 Sunday School (C)<br>10:30 Live Service with Culpeper<br>Baptist Church (C)<br>11:00 Culpeper Baptist Church Service (Ch 970)<br>2:00 Culpeper United Methodist Church Service<br>(Ch 970)<br>6:00 Mitchell's Presbyterian Church Service (Ch 970)<br>6:30 5th Sunday Hymn Sing (AR)                   | Room   | MDR - AL Main<br>Dining Room<br>AR - Assembly Room<br>AR-A - Assembly<br>Room-A   | Ch 970 - Channel 970<br>C - Chapel<br>Lib - Library<br>LL - Load from Lobby   | PDR - Private Dining<br>Room<br>TA - Terrace Activity<br>Room   |  |  |

## August 2025

