

SUN	MON	TUE	WED	THUR	FRI	SAT
Outdoor Time is always available, weather permitting, upon request	All activities are subject to change	LOCATION KEY AR - Assembly Room Ch 970 - Channel 970 C - Chapel O - One on One	PDR - Private Dining Room OS - Small Group TA - Terrace Activity Room TL - Terrace Level	9:00 Daily Devotional & Chronicle (OS) 1 10:30 Exercise with Programming (Living Room) 10:30 Room Exercise (Ch 970) 2:00 Group Crossword Puzzle (TA) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 2 10:30 Exploring Earth 10:30 Room Exercise (Ch 970) 2:00 Music with Dick Orange (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	10:30 Room Exercise (Ch 970) 3 10:45 Music with Hokie Joe (TA) 2:00 Bingo (TA) 6:00 Saturday Evening Movie: Hallmark Channel (Channel 53)
9:30 Culpeper Presbyterian Church Service (Ch 970) 4 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 5 10:30 Exercise with Programming (TA) 10:30 Room Exercise (Ch 970) 2:30 Birthday Party (TA) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 6 9:30 Precious Blood Catholic Mass (C) 10:30 Bingo (TA) 10:30 Room Exercise (Ch 970) 2:00 1:1 Visits (TL) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 7 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Bible Study with Hans (Living Room) 10:30 Room Exercise (Ch 970) 2:00 Kevin Sings the Classics (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 8 10:30 Exercise with Programming (Living Room) 10:30 Room Exercise (Ch 970) 2:00 Group Crossword Puzzle (TA) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 9 10:30 Back to School Goodies for Teachers (TA) 10:30 Room Exercise (Ch 970) 2:00 Lemonade & Cookies Social (TA) 3:30 Room Exercise (Ch 970)	10:30 Room Exercise (Ch 970) 10 10:45 Music with Michael Henry (TA) 2:00 Bingo (TA) 6:00 Saturday Evening Movie: Hallmark Channel (Channel 53)
9:30 Culpeper Presbyterian Church Service (Ch 970) 11 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 12 10:30 Exercise with Programming (TA) 10:30 Room Exercise (Ch 970) 2:00 Decorative Gnome Painting (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 13 10:30 Bingo (TA) 10:30 History Presentation with Rick Britton (AR) 10:30 Room Exercise (Ch 970) 1:30 Monthly Communion Service (C) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 14 10:30 Room Exercise (Ch 970) 10:30 Tealight Craft Making (TA) 2:00 Let's Bake Cupcakes! (TA) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 15 10:30 Exercise with Programming (Living Room) 10:30 Room Exercise (Ch 970) 12:45 Birthday Luncheon (PDR) 2:00 Group Crossword Puzzle (TA) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 16 10:30 Exploring Earth 10:30 Room Exercise (Ch 970) 2:00 Teacher & Back to School Reminiscing with Apple Treats (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	10:30 Room Exercise (Ch 970) 17 10:45 Music with Adam Melia Performing Nashville Standard (TA) 2:00 Bingo (TA) 6:00 Saturday Evening Movie: Hallmark Channel (Channel 53)
9:30 Culpeper Presbyterian Church Service (Ch 970) 18 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 19 10:30 Exercise with Programming (TA) 10:30 Room Exercise (Ch 970) 2:00 Watercolor Lighthouse Painting (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 20 10:30 Bingo (TA) 10:30 Room Exercise (Ch 970) 2:00 1:1 Visits (TL) 3:30 Afternoon Hydration & Refreshment Cart (O) 6:00 Music with Charlie Lopez (Main Living Room)	9:00 Daily Devotional & Chronicle (OS) 21 10:15 Therapy Dog Visits (TL/MC/Lobby) 10:30 Bible Study with Hans (Living Room) 10:30 Room Exercise (Ch 970) 2:00 JUMBO Checkers (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 22 10:30 Exercise with Programming (Living Room) 10:30 Room Exercise (Ch 970) 2:00 Group Crossword Puzzle (TA) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 23 10:30 Room Exercise (Ch 970) 2:00 Tea Party (TA) 3:30 Room Exercise (Ch 970)	10:30 Room Exercise (Ch 970) 24 10:45 Music with Billy Brockman (TA) 2:00 Bingo (TA) 6:00 Saturday Evening Movie: Hallmark Channel (Channel 53)
9:30 Culpeper Presbyterian Church Service (Ch 970) 25 11:00 Culpeper Baptist Church Service (Ch 970) 2:00 Culpeper United Methodist Church Service (Ch 970) 6:00 Mitchell's Presbyterian Church Service (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 26 10:30 Exercise with Programming (TA) 10:30 Room Exercise (Ch 970) 2:00 Work of "Heart" Puzzle Making (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 27 10:30 Bingo (TA) 10:30 Room Exercise (Ch 970) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 28 10:30 Room Exercise (Ch 970) 10:30 Terrace Quilt Project (TA) 2:00 Group Crossword Puzzle (TA) 3:30 Afternoon Hydration & Refreshment Cart (O) 3:30 Room Exercise (Ch 970)	9:00 Daily Devotional & Chronicle (OS) 29 10:30 Exercise with Programming (Living Room) 10:30 Room Exercise (Ch 970) 2:00 Resident Council Meeting (TA) 3:30 Afternoon Hydration & Refreshment Cart (O)	9:00 Daily Devotional & Chronicle (OS) 30 10:30 Exploring Earth 10:30 Room Exercise (Ch 970) 2:00 Hawaiian Luau & Mocktail Social (TA) 3:30 Room Exercise (Ch 970)	10:30 Room Exercise (Ch 970) 31 10:45 Music with Stan Hamrick (TA) 2:00 Bingo (TA) 6:00 Saturday Evening Movie: Hallmark Channel (Channel 53)